

# Retired Nurses' Section

## Biannual Conference



**Date:** **Thursday, 12 November 2015**

**Venue:** INMO Head Office  
The Whitworth Building  
North Brunswick Street  
Dublin 7

9.45am: *Registration*

10.00am: **Introduction**

10.10am: **Living with Arthritis: Part 1**

**Speaker:** **Grainne O'Leary**

**Head of Education & Support Services, Arthritis Ireland**

11.15am: *Tea / Coffee*

11.30am: **Living with Arthritis: Part 2**

**Speaker:** **Grainne O'Leary**

1.00pm: *Lunch and Christmas Fair*

2.00pm: **Age Action Services**

**Speaker:** **Gerard Scully**

**Senior Information Officer, Age Action**

2.45pm: **Siel Bleu Ireland:**

**Tailored Exercises for Senior Citizens**

**Speaker:** **Thomas McCabe**

**National Manager, Siel Bleu Ireland**

3.45pm: **Conclusion**

**Fee:**

**€30.00**

INMO Members;

**€100.00**

non-members

Book online at [inmoprofessional.ie](http://inmoprofessional.ie) or call the INMO  
Professional Development Centre on **01 6640616**