

Preventing and Responding to Responsive Behaviours in the Older Person

This education programme outlines how nurses can use a person-centred approach in the prevention and management of responsive behaviours in older persons. The programme will provide an introduction to the various categories of such behaviours as well as an analysis of factors which may influence these behaviours. Furthermore, it will offer guidance on many topics pertinent to the appropriate management of responsive behaviours such as use of physical interventions, including restraints. It will provide effective care strategies and offer guidance on how best to conduct assessments and develop person-centred care plans. It will also provide some insight into responsive behaviours in dementia and present some strategies for appropriate management.

Outline of Day

Note: Category 1 Approved by Nursing and Midwifery Board of Ireland (NMBI)

09.45	Registration
10.00	Introduction to Responsive Behaviours; Definitions, Categories and Causative / Contributing Factors
11.15	Tea / Coffee
11.30	DVD: Understanding Challenging Behaviours in Dementia
12.00	Effective Care Strategies for Responsive Behaviours
13.00	Lunch
13.45	Person-Centred Assessment and Care Planning for Residents with Responsive Behaviours
15.00	The Use of Physical Intervention and the Use of Restraint
16.00	Questions, Evaluation and Close

Aims and Objectives

- To identify and discuss responsive behaviours.
- To identify factors that may contribute to a resident's behaviour.
- To promote the importance of conducting a person-centred assessment of residents with responsive behaviours.
- To outline how to develop a person-centred care plan.
- To identify appropriate and inappropriate staff responses to behaviours.
- To advise on appropriate interventions for episodes of responsive behaviours.
- To explore appropriate use of physical interventions, including restraint.
- To discuss resident care needs following an episode of violence or aggression.

Sample Reading List

- Bédard, A., Landreville, P., Voyer, P., Verreault, and R. Vézina, J. (2011) 'Reducing verbal agitation in people with dementia: Evaluation of an intervention based on the satisfaction of basic needs', *Aging and Mental Health*, 15(7), pp.855-865.
- James, I.A., Pakrasi, S. and Fossey, J. (2008) 'Non-pharmacological treatments of challenging behaviours: part 2', *Nursing and Residential Care*, 10(6), pp. 290-292.
- Keady, J. and Jones, L. (2010) 'Investigating the causes of behaviours that challenge in people with dementia', *Nursing Older People*, 22(9), pp.25-29.

For more information on this course or to enrol, contact the INMO Professional Development Centre by phone on 01 6640641/2, email pdcc@inmoprofessional.ie, or visit <https://inmoprofessional.ie>